

OÖ Landesmeisterschaften - Lange Strecken 2022

06.05./07.05.2022

Fortsetzung Bewerb 1 - 800m Freistil Damen

Allgemeine Klasse, Pflichtzeit: 11:55,53

2.	Fürst, Elena	2007 AUT	1. LSK Heindl	09:46,65	+47.69	564
	RT +0.78 50m: 00:33,72, 100m: 01:10,46 (00:36,74), 150m: 01:47,70 (00:37,24), 200m: 02:24,75 (00:37,05) 250m: 03:01,58 (00:36,83), 300m: 03:38,60 (00:37,02), 350m: 04:15,31 (00:36,71), 400m: 04:52,50 (00:37,19) 450m: 05:29,21 (00:36,71), 500m: 06:05,95 (00:36,74), 550m: 06:42,74 (00:36,79), 600m: 07:19,60 (00:36,86) 650m: 07:56,23 (00:36,63), 700m: 08:33,17 (00:36,94), 750m: 09:10,06 (00:36,89), 800m: 09:46,65 (00:36,59)					
8.	Pieringer, Magdalena	2007 AUT	1. LSK Heindl	10:26,32	+01:27.36	463
	RT +0.71 50m: 00:34,59, 100m: 01:13,00 (00:38,41), 150m: 01:52,74 (00:39,74), 200m: 02:32,08 (00:39,34) 250m: 03:11,85 (00:39,77), 300m: 03:51,52 (00:39,67), 350m: 04:31,46 (00:39,94), 400m: 05:11,18 (00:39,72) 450m: 05:50,59 (00:39,41), 500m: 06:30,16 (00:39,57), 550m: 07:10,18 (00:40,02), 600m: 07:49,62 (00:39,44) 650m: 08:29,28 (00:39,66), 700m: 09:09,05 (00:39,77), 750m: 09:47,97 (00:38,92), 800m: 10:26,32 (00:38,35)					
11.	Semlak, Marlene	2008 AUT	1. LSK Heindl	10:47,18	+01:48.22	420
	RT +0.79 50m: 00:34,37, 100m: 01:14,18 (00:39,81), 150m: 01:54,67 (00:40,49), 200m: 02:36,53 (00:41,86) 250m: 03:17,53 (00:41,00), 300m: 03:58,90 (00:41,37), 350m: 04:39,83 (00:40,93), 400m: 05:22,14 (00:42,31) 450m: 06:03,44 (00:41,30), 500m: 06:45,82 (00:42,38), 550m: 07:27,13 (00:41,31), 600m: 08:08,20 (00:41,07) 650m: 08:49,15 (00:40,95), 700m: 09:29,87 (00:40,72), 750m: 10:09,82 (00:39,95), 800m: 10:47,18 (00:37,36)					
12.	Hostnik, Klara	2007 AUT	1. LSK Heindl	10:55,51	+01:56.55	404
	RT +0.81 50m: 00:37,28, 100m: 01:17,56 (00:40,28), 150m: 01:58,57 (00:41,01), 200m: 02:39,10 (00:40,53) 250m: 03:20,67 (00:41,57), 300m: 04:01,90 (00:41,23), 350m: 04:42,99 (00:41,09), 400m: 05:23,93 (00:40,94) 450m: 06:05,23 (00:41,30), 500m: 06:46,50 (00:41,27), 550m: 07:28,38 (00:41,88), 600m: 08:09,79 (00:41,41) 650m: 08:51,72 (00:41,93), 700m: 09:33,53 (00:41,81), 750m: 10:15,46 (00:41,93), 800m: 10:55,51 (00:40,05)					
13.	Huemer, Ronja	2007 AUT	1. LSK Heindl	10:57,40	+01:58.44	401
	RT +0.85 50m: 00:35,13, 100m: 01:16,53 (00:41,40), 150m: 01:57,49 (00:40,96), 200m: 02:39,87 (00:42,38) 250m: 03:20,99 (00:41,12), 300m: 04:03,36 (00:42,37), 350m: 04:44,61 (00:41,25), 400m: 05:26,64 (00:42,03) 450m: 06:08,14 (00:41,50), 500m: 06:50,71 (00:42,57), 550m: 07:32,17 (00:41,46), 600m: 08:14,00 (00:41,83) 650m: 08:55,82 (00:41,82), 700m: 09:38,12 (00:42,30), 750m: 10:17,60 (00:39,48), 800m: 10:57,40 (00:39,80)					
23.	Bruckner, Claire	2006 AUT	1. LSK Heindl	12:03,88	+03:04.92	300
	RT +0.77 50m: 00:36,84, 100m: 01:19,23 (00:42,39), 150m: 02:03,54 (00:44,31), 200m: 02:49,04 (00:45,50) 250m: 03:35,56 (00:46,52), 300m: 04:22,08 (00:46,52), 350m: 05:08,96 (00:46,88), 400m: 05:55,63 (00:46,67) 450m: 06:42,37 (00:46,74), 500m: 07:29,45 (00:47,08), 550m: 08:15,79 (00:46,34), 600m: 09:02,94 (00:47,15) 650m: 09:49,96 (00:47,02), 700m: 10:37,67 (00:47,71), 750m: 11:23,05 (00:45,38), 800m: 12:03,88 (00:40,83)					
26.	Kaltenbacher, Elisa	2009 AUT	1. LSK Heindl	12:25,44	+03:26.48	275
	RT +0.96 50m: 00:37,46, 100m: 01:21,29 (00:43,83), 150m: 02:08,09 (00:46,80), 200m: 02:55,06 (00:46,97) 250m: 03:43,03 (00:47,97), 300m: 04:31,01 (00:47,98), 350m: 05:19,12 (00:48,11), 400m: 06:06,28 (00:47,16) 450m: 06:54,43 (00:48,15), 500m: 07:41,93 (00:47,50), 550m: 08:29,83 (00:47,90), 600m: 09:17,85 (00:48,02) 650m: 10:06,21 (00:48,36), 700m: 10:53,64 (00:47,43), 750m: 11:40,17 (00:46,53), 800m: 12:25,44 (00:45,27)					
29.	Schachenhofer, Florentina	2008 AUT	1. LSK Heindl	12:57,42	+03:58.46	242
	RT +0.90 50m: 00:39,56, 100m: 01:25,83 (00:46,27), 150m: 02:14,83 (00:49,00), 200m: 03:03,26 (00:48,43) 250m: 03:52,63 (00:49,37), 300m: 04:42,98 (00:50,35), 350m: 05:32,33 (00:49,35), 400m: 06:22,13 (00:49,80) 450m: 07:12,06 (00:49,93), 500m: 08:01,83 (00:49,77), 550m: 08:51,73 (00:49,90), 600m: 09:41,05 (00:49,32) 650m: 10:31,21 (00:50,16), 700m: 11:20,16 (00:48,95), 750m: 12:09,29 (00:49,13), 800m: 12:57,42 (00:48,13)					
	Beer, Elena	2009 AUT	1. LSK Heindl		n.a.Start	
	Huber, Katharina	2007 AUT	1. LSK Heindl		n.a.Start	
	Abgemeldet.					
	Reitsema, Kira	2006 AUT	1. LSK Heindl		n.a.Start	
	Abgemeldet.					

Junioren, Pflichtzeit: 12:16,40

4.	Bruckner, Claire	2006 AUT	1. LSK Heindl	12:03,88	+02:10.74	300
	RT +0.77 50m: 00:36,84, 100m: 01:19,23 (00:42,39), 150m: 02:03,54 (00:44,31), 200m: 02:49,04 (00:45,50) 250m: 03:35,56 (00:46,52), 300m: 04:22,08 (00:46,52), 350m: 05:08,96 (00:46,88), 400m: 05:55,63 (00:46,67) 450m: 06:42,37 (00:46,74), 500m: 07:29,45 (00:47,08), 550m: 08:15,79 (00:46,34), 600m: 09:02,94 (00:47,15) 650m: 09:49,96 (00:47,02), 700m: 10:37,67 (00:47,71), 750m: 11:23,05 (00:45,38), 800m: 12:03,88 (00:40,83)					
	Reitsema, Kira	2006 AUT	1. LSK Heindl		n.a.Start	
	Abgemeldet.					

OÖ Landesmeisterschaften - Lange Strecken 2022

06.05./07.05.2022

Fortsetzung Bewerb 1 - 800m Freistil Damen

AK 15, Pflichtzeit: 12:37,26

1.	Fürst, Elena	2007	AUT	1. LSK Heindl	09:46,65		564
	RT +0.78 50m: 00:33,72, 100m: 01:10,46 (00:36,74), 150m: 01:47,70 (00:37,24), 200m: 02:24,75 (00:37,05) 250m: 03:01,58 (00:36,83), 300m: 03:38,60 (00:37,02), 350m: 04:15,31 (00:36,71), 400m: 04:52,50 (00:37,19) 450m: 05:29,21 (00:36,71), 500m: 06:05,95 (00:36,74), 550m: 06:42,74 (00:36,79), 600m: 07:19,60 (00:36,86) 650m: 07:56,23 (00:36,63), 700m: 08:33,17 (00:36,94), 750m: 09:10,06 (00:36,89), 800m: 09:46,65 (00:36,59)						
4.	Pieringer, Magdalena	2007	AUT	1. LSK Heindl	10:26,32	+39.67	463
	RT +0.71 50m: 00:34,59, 100m: 01:13,00 (00:38,41), 150m: 01:52,74 (00:39,74), 200m: 02:32,08 (00:39,34) 250m: 03:11,85 (00:39,77), 300m: 03:51,52 (00:39,67), 350m: 04:31,46 (00:39,94), 400m: 05:11,18 (00:39,72) 450m: 05:50,59 (00:39,41), 500m: 06:30,16 (00:39,57), 550m: 07:10,18 (00:40,02), 600m: 07:49,62 (00:39,44) 650m: 08:29,28 (00:39,66), 700m: 09:09,05 (00:39,77), 750m: 09:47,97 (00:38,92), 800m: 10:26,32 (00:38,35)						
6.	Hostnik, Klara	2007	AUT	1. LSK Heindl	10:55,51	+01:08.86	404
	RT +0.81 50m: 00:37,28, 100m: 01:17,56 (00:40,28), 150m: 01:58,57 (00:41,01), 200m: 02:39,10 (00:40,53) 250m: 03:20,67 (00:41,57), 300m: 04:01,90 (00:41,23), 350m: 04:42,99 (00:41,09), 400m: 05:23,93 (00:40,94) 450m: 06:05,23 (00:41,30), 500m: 06:46,50 (00:41,27), 550m: 07:28,38 (00:41,88), 600m: 08:09,79 (00:41,41) 650m: 08:51,72 (00:41,93), 700m: 09:33,53 (00:41,81), 750m: 10:15,46 (00:41,93), 800m: 10:55,51 (00:40,05)						
7.	Huemer, Ronja	2007	AUT	1. LSK Heindl	10:57,40	+01:10.75	401
	RT +0.85 50m: 00:35,13, 100m: 01:16,53 (00:41,40), 150m: 01:57,49 (00:40,96), 200m: 02:39,87 (00:42,38) 250m: 03:20,99 (00:41,12), 300m: 04:03,36 (00:42,37), 350m: 04:44,61 (00:41,25), 400m: 05:26,64 (00:42,03) 450m: 06:08,14 (00:41,50), 500m: 06:50,71 (00:42,57), 550m: 07:32,17 (00:41,46), 600m: 08:14,00 (00:41,83) 650m: 08:55,82 (00:41,82), 700m: 09:38,12 (00:42,30), 750m: 10:17,60 (00:39,48), 800m: 10:57,40 (00:39,80)						

Huber, Katharina 2007 AUT 1. LSK Heindl n.a.Start
Abgemeldet.

AK 13-14, Pflichtzeit: 12:37,26

3.	Semlak, Marlene	2008	AUT	1. LSK Heindl	10:47,18	+24.29	420
	RT +0.79 50m: 00:34,37, 100m: 01:14,18 (00:39,81), 150m: 01:54,67 (00:40,49), 200m: 02:36,53 (00:41,86) 250m: 03:17,53 (00:41,00), 300m: 03:58,90 (00:41,37), 350m: 04:39,83 (00:40,93), 400m: 05:22,14 (00:42,31) 450m: 06:03,44 (00:41,30), 500m: 06:45,82 (00:42,38), 550m: 07:27,13 (00:41,31), 600m: 08:08,20 (00:41,07) 650m: 08:49,15 (00:40,95), 700m: 09:29,87 (00:40,72), 750m: 10:09,82 (00:39,95), 800m: 10:47,18 (00:37,36)						
10.	Kaltenbacher, Elisa	2009	AUT	1. LSK Heindl	12:25,44	+02:02.55	275
	RT +0.96 50m: 00:37,46, 100m: 01:21,29 (00:43,83), 150m: 02:08,09 (00:46,80), 200m: 02:55,06 (00:46,97) 250m: 03:43,03 (00:47,97), 300m: 04:31,01 (00:47,98), 350m: 05:19,12 (00:48,11), 400m: 06:06,28 (00:47,16) 450m: 06:54,43 (00:48,15), 500m: 07:41,93 (00:47,50), 550m: 08:29,83 (00:47,90), 600m: 09:17,85 (00:48,02) 650m: 10:06,21 (00:48,36), 700m: 10:53,64 (00:47,43), 750m: 11:40,17 (00:46,53), 800m: 12:25,44 (00:45,27)						
13.	Schachenhofer, Florentina	2008	AUT	1. LSK Heindl	12:57,42	+02:34.53	! 242
	RT +0.90 50m: 00:39,56, 100m: 01:25,83 (00:46,27), 150m: 02:14,83 (00:49,00), 200m: 03:03,26 (00:48,43) 250m: 03:52,63 (00:49,37), 300m: 04:42,98 (00:50,35), 350m: 05:32,33 (00:49,35), 400m: 06:22,13 (00:49,80) 450m: 07:12,06 (00:49,93), 500m: 08:01,83 (00:49,77), 550m: 08:51,73 (00:49,90), 600m: 09:41,05 (00:49,32) 650m: 10:31,21 (00:50,16), 700m: 11:20,16 (00:48,95), 750m: 12:09,29 (00:49,13), 800m: 12:57,42 (00:48,13)						

Beer, Elena 2009 AUT 1. LSK Heindl n.a.Start !

AK 11-12, Pflichtzeit: 13:51,32

Manhal, Eva 2010 AUT 1. LSK Heindl n.a.Start
Abgemeldet.

OÖ Landesmeisterschaften - Lange Strecken 2022

06.05./07.05.2022

Fortsetzung Bewerb 1 - 800m Freistil Damen

Fortsetzung Bewerb 2 - 800m Freistil Herren

AK 11-12, Pflichtzeit: 13:52,24

2. Manhal, Tim	2011 AUT	1. LSK Heindl	11:02,86	+07.09	317
RT +0.60 50m: 00:36,97, 100m: 01:18,80 (00:41,83), 150m: 02:00,67 (00:41,87), 200m: 02:43,02 (00:42,35)					
250m: 03:25,13 (00:42,11), 300m: 04:07,69 (00:42,56), 350m: 04:49,94 (00:42,25), 400m: 05:33,06 (00:43,12)					
450m: 06:14,66 (00:41,60), 500m: 06:56,79 (00:42,13), 550m: 07:38,77 (00:41,98), 600m: 08:19,89 (00:41,12)					
650m: 09:00,74 (00:40,85), 700m: 09:42,97 (00:42,23), 750m: 10:22,99 (00:40,02), 800m: 11:02,86 (00:39,87)					

Fortsetzung Bewerb 3 - 1500m Freistil Herren

Allgemeine Klasse, Pflichtzeit: 21:10,63

7. Pieringer, Daniel	2005 AUT	1. LSK Heindl	18:01,27	+01:16.78	522
RT +0.72 50m: 00:32,54, 100m: 01:08,02 (00:35,48), 150m: 01:43,82 (00:35,80), 200m: 02:19,34 (00:35,52)					
250m: 02:55,45 (00:36,11), 300m: 03:31,55 (00:36,10), 350m: 04:07,98 (00:36,43), 400m: 04:44,59 (00:36,61)					
450m: 05:21,07 (00:36,48), 500m: 05:57,45 (00:36,38), 550m: 06:33,65 (00:36,20), 600m: 07:10,14 (00:36,49)					
650m: 07:46,67 (00:36,53), 700m: 08:23,18 (00:36,51), 750m: 08:59,64 (00:36,46), 800m: 09:36,32 (00:36,68)					
850m: 10:12,61 (00:36,29), 900m: 10:49,18 (00:36,57), 950m: 11:25,86 (00:36,68), 1000m: 12:02,54 (00:36,68)					
1050m: 12:39,33 (00:36,79), 1100m: 13:15,76 (00:36,43), 1150m: 13:52,08 (00:36,32), 1200m: 14:28,51 (00:36,43)					
1250m: 15:04,64 (00:36,13), 1300m: 15:41,03 (00:36,39), 1350m: 16:17,27 (00:36,24), 1400m: 16:53,75 (00:36,48)					
1450m: 17:29,51 (00:35,76), 1500m: 18:01,27 (00:31,76)					
8. Brandstetter, Lorenz	2006 AUT	1. LSK Heindl	19:30,97	+02:46.48	411
RT +0.57 50m: 00:30,41, 100m: 01:08,52 (00:38,11), 150m: 01:47,47 (00:38,95), 200m: 02:26,54 (00:39,07)					
250m: 03:05,77 (00:39,23), 300m: 03:44,84 (00:39,07), 350m: 04:24,40 (00:39,56), 400m: 05:04,31 (00:39,91)					
450m: 05:43,87 (00:39,56), 500m: 06:23,04 (00:39,17), 550m: 07:02,53 (00:39,49), 600m: 07:41,81 (00:39,28)					
650m: 08:21,44 (00:39,63), 700m: 09:00,32 (00:38,88), 750m: 09:39,50 (00:39,18), 800m: 10:19,06 (00:39,56)					
850m: 10:58,73 (00:39,67), 900m: 11:38,15 (00:39,42), 950m: 12:17,87 (00:39,72), 1000m: 12:57,84 (00:39,97)					
1050m: 13:37,84 (00:40,00), 1100m: 14:17,63 (00:39,79), 1150m: 14:56,96 (00:39,33), 1200m: 15:36,96 (00:40,00)					
1250m: 16:16,51 (00:39,55), 1300m: 16:56,20 (00:39,69), 1350m: 17:36,30 (00:40,10), 1400m: 18:15,86 (00:39,56)					
1450m: 18:55,70 (00:39,84), 1500m: 19:30,97 (00:35,27)					
11. Ehrenhuber, Maximilian	2002 AUT	1. LSK Heindl	20:03,63	+03:19.14	378
RT +0.52 50m: 00:34,57, 100m: 01:13,82 (00:39,25), 150m: 01:53,90 (00:40,08), 200m: 02:34,42 (00:40,52)					
250m: 03:14,75 (00:40,33), 300m: 03:55,05 (00:40,30), 350m: 04:36,23 (00:41,18), 400m: 05:17,28 (00:41,05)					
450m: 05:58,35 (00:41,07), 500m: 06:39,84 (00:41,49), 550m: 07:20,59 (00:40,75), 600m: 08:01,54 (00:40,95)					
650m: 08:42,37 (00:40,83), 700m: 09:23,58 (00:41,21), 750m: 10:04,02 (00:40,44), 800m: 10:44,58 (00:40,56)					
850m: 11:25,19 (00:40,61), 900m: 12:06,20 (00:41,01), 950m: 12:47,51 (00:41,31), 1000m: 13:27,21 (00:39,70)					
1050m: 14:05,96 (00:38,75), 1100m: 14:46,59 (00:40,63), 1150m: 15:27,19 (00:40,60), 1200m: 16:08,20 (00:41,01)					
1250m: 16:48,77 (00:40,57), 1300m: 17:29,84 (00:41,07), 1350m: 18:09,51 (00:39,67), 1400m: 18:49,78 (00:40,27)					
1450m: 19:27,82 (00:38,04), 1500m: 20:03,63 (00:35,81)					
12. Eckhart, Alexander	2008 AUT	1. LSK Heindl	20:03,65	+03:19.16	378
RT +0.71 50m: 00:34,01, 100m: 01:12,86 (00:38,85), 150m: 01:52,62 (00:39,76), 200m: 02:33,14 (00:40,52)					
250m: 03:13,12 (00:39,98), 300m: 03:54,02 (00:40,90), 350m: 04:34,57 (00:40,55), 400m: 05:15,29 (00:40,72)					
450m: 05:55,29 (00:40,00), 500m: 06:35,89 (00:40,60), 550m: 07:16,25 (00:40,36), 600m: 07:57,00 (00:40,75)					
650m: 08:36,66 (00:39,66), 700m: 09:17,12 (00:40,46), 750m: 09:57,47 (00:40,35), 800m: 10:38,14 (00:40,67)					
850m: 11:18,47 (00:40,33), 900m: 11:59,40 (00:40,93), 950m: 12:39,96 (00:40,56), 1000m: 13:21,04 (00:41,08)					
1050m: 14:01,86 (00:40,82), 1100m: 14:42,43 (00:40,57), 1150m: 15:22,68 (00:40,25), 1200m: 16:02,95 (00:40,27)					
1250m: 16:43,09 (00:40,14), 1300m: 17:23,92 (00:40,83), 1350m: 18:04,31 (00:40,39), 1400m: 18:44,54 (00:40,23)					
1450m: 19:24,65 (00:40,11), 1500m: 20:03,65 (00:39,00)					
13. Pieringer, David	2008 AUT	1. LSK Heindl	20:29,09	+03:44.60	355
RT +0.86 50m: 00:33,93, 100m: 01:12,06 (00:38,13), 150m: 01:51,60 (00:39,54), 200m: 02:32,73 (00:41,13)					
250m: 03:13,54 (00:40,81), 300m: 03:54,36 (00:40,82), 350m: 04:35,62 (00:41,26), 400m: 05:16,53 (00:40,91)					
450m: 05:58,23 (00:41,70), 500m: 06:39,97 (00:41,74), 550m: 07:21,82 (00:41,85), 600m: 08:03,52 (00:41,70)					
650m: 08:45,52 (00:42,00), 700m: 09:27,48 (00:41,96), 750m: 10:09,32 (00:41,84), 800m: 10:50,71 (00:41,39)					
850m: 11:33,35 (00:42,64), 900m: 12:15,68 (00:42,33), 950m: 12:56,40 (00:40,72), 1000m: 13:38,28 (00:41,88)					
1050m: 14:20,02 (00:41,74), 1100m: 15:01,04 (00:41,02), 1150m: 15:43,86 (00:42,82), 1200m: 16:25,25 (00:41,39)					
1250m: 17:07,62 (00:42,37), 1300m: 17:49,00 (00:41,38), 1350m: 18:29,92 (00:40,92), 1400m: 19:11,19 (00:41,27)					
1450m: 19:51,44 (00:40,25), 1500m: 20:29,09 (00:37,65)					

OÖ Landesmeisterschaften - Lange Strecken 2022

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Fortsetzung Bewerb 3 - 1500m Freistil Herren

Allgemeine Klasse, Pflichtzeit: 21:10,63

15. Smlak, Florian	2008 AUT	1. LSK Heindl	20:39,21	+03:54.72	347
RT +0.85 50m: 00:35,35, 100m: 01:15,22 (00:39,87), 150m: 01:56,65 (00:41,43), 200m: 02:36,68 (00:40,03) 250m: 03:18,49 (00:41,81), 300m: 03:58,68 (00:40,19), 350m: 04:41,61 (00:42,93), 400m: 05:23,46 (00:41,85) 450m: 06:05,95 (00:42,49), 500m: 06:45,51 (00:39,56), 550m: 07:26,89 (00:41,38), 600m: 08:08,80 (00:41,91) 650m: 08:51,14 (00:42,34), 700m: 09:32,70 (00:41,56), 750m: 10:15,04 (00:42,34), 800m: 10:56,02 (00:40,98) 850m: 11:38,61 (00:42,59), 900m: 12:20,80 (00:42,19), 950m: 13:04,38 (00:43,58), 1000m: 13:45,63 (00:41,25) 1050m: 14:29,19 (00:43,56), 1100m: 15:10,84 (00:41,65), 1150m: 15:54,71 (00:43,87), 1200m: 16:35,58 (00:40,87) 1250m: 17:18,83 (00:43,25), 1300m: 18:00,81 (00:41,98), 1350m: 18:42,54 (00:41,73), 1400m: 19:23,94 (00:41,40) 1450m: 20:04,65 (00:40,71), 1500m: 20:39,21 (00:34,56)					
16. Shail, Ryan James	2007 AUT	1. LSK Heindl	20:40,66	+03:56.17	346
RT +0.81 50m: 00:33,24, 100m: 01:10,11 (00:36,87), 150m: 01:48,95 (00:38,84), 200m: 02:28,78 (00:39,83) 250m: 03:10,13 (00:41,35), 300m: 03:51,42 (00:41,29), 350m: 04:33,45 (00:42,03), 400m: 05:15,17 (00:41,72) 450m: 05:58,26 (00:43,09), 500m: 06:40,60 (00:42,34), 550m: 07:24,11 (00:43,51), 600m: 08:06,67 (00:42,56) 650m: 08:49,81 (00:43,14), 700m: 09:32,44 (00:42,63), 750m: 10:14,56 (00:42,12), 800m: 10:55,87 (00:41,31) 850m: 11:38,33 (00:42,46), 900m: 12:20,65 (00:42,32), 950m: 13:03,70 (00:43,05), 1000m: 13:45,06 (00:41,36) 1050m: 14:28,61 (00:43,55), 1100m: 15:09,81 (00:41,20), 1150m: 15:53,46 (00:43,65), 1200m: 16:35,52 (00:42,06) 1250m: 17:18,11 (00:42,59), 1300m: 18:00,02 (00:41,91), 1350m: 18:42,32 (00:42,30), 1400m: 19:23,30 (00:40,98) 1450m: 20:04,72 (00:41,42), 1500m: 20:40,66 (00:35,94)					
17. Bauer, Nanda	2006 AUT	1. LSK Heindl	20:41,74	+03:57.25	345
RT +0.75 50m: 00:33,92, 100m: 01:14,37 (00:40,45), 150m: 01:55,62 (00:41,25), 200m: 02:37,63 (00:42,01) 250m: 03:20,67 (00:43,04), 300m: 04:02,38 (00:41,71), 350m: 04:44,96 (00:42,58), 400m: 05:27,20 (00:42,24) 450m: 06:11,51 (00:44,31), 500m: 06:53,53 (00:42,02), 550m: 07:35,91 (00:42,38), 600m: 08:17,49 (00:41,58) 650m: 08:59,67 (00:42,18), 700m: 09:41,69 (00:42,02), 750m: 10:25,48 (00:43,79), 800m: 11:06,50 (00:41,02) 850m: 11:49,39 (00:42,89), 900m: 12:30,73 (00:41,34), 950m: 13:11,85 (00:41,12), 1000m: 13:52,65 (00:40,80) 1050m: 14:35,34 (00:42,69), 1100m: 15:16,45 (00:41,11), 1150m: 15:59,33 (00:42,88), 1200m: 16:41,23 (00:41,90) 1250m: 17:23,07 (00:41,84), 1300m: 18:06,23 (00:43,16), 1350m: 18:47,57 (00:41,34), 1400m: 19:25,94 (00:38,37) 1450m: 20:05,23 (00:39,29), 1500m: 20:41,74 (00:36,51)					
20. Schwarz, Raphael	2008 AUT	1. LSK Heindl	20:55,10	+04:10.61	334
RT +0.80 50m: 00:35,36, 100m: 01:15,58 (00:40,22), 150m: 01:57,08 (00:41,50), 200m: 02:38,62 (00:41,54) 250m: 03:21,62 (00:43,00), 300m: 04:03,87 (00:42,25), 350m: 04:46,41 (00:42,54), 400m: 05:27,99 (00:41,58) 450m: 06:11,77 (00:43,78), 500m: 06:53,87 (00:42,10), 550m: 07:36,72 (00:42,85), 600m: 08:18,11 (00:41,39) 650m: 09:00,67 (00:42,56), 700m: 09:42,26 (00:41,59), 750m: 10:25,30 (00:43,04), 800m: 11:07,39 (00:42,09) 850m: 11:50,75 (00:43,36), 900m: 12:32,41 (00:41,66), 950m: 13:14,77 (00:42,36), 1000m: 13:57,15 (00:42,38) 1050m: 14:40,68 (00:43,53), 1100m: 15:21,58 (00:40,90), 1150m: 16:04,66 (00:43,08), 1200m: 16:47,08 (00:42,42) 1250m: 17:29,56 (00:42,48), 1300m: 18:11,20 (00:41,64), 1350m: 18:53,78 (00:42,58), 1400m: 19:35,09 (00:41,31) 1450m: 20:16,10 (00:41,01), 1500m: 20:55,10 (00:39,00)					

Junioren, Pflichtzeit: 22:46,47

2. Pieringer, Daniel	2005 AUT	1. LSK Heindl	18:01,27	+48.92	522
RT +0.72 50m: 00:32,54, 100m: 01:08,02 (00:35,48), 150m: 01:43,82 (00:35,80), 200m: 02:19,34 (00:35,52) 250m: 02:55,45 (00:36,11), 300m: 03:31,55 (00:36,10), 350m: 04:07,98 (00:36,43), 400m: 04:44,59 (00:36,61) 450m: 05:21,07 (00:36,48), 500m: 05:57,45 (00:36,38), 550m: 06:33,65 (00:36,20), 600m: 07:10,14 (00:36,49) 650m: 07:46,67 (00:36,53), 700m: 08:23,18 (00:36,51), 750m: 08:59,64 (00:36,46), 800m: 09:36,32 (00:36,68) 850m: 10:12,61 (00:36,29), 900m: 10:49,18 (00:36,57), 950m: 11:25,86 (00:36,68), 1000m: 12:02,54 (00:36,68) 1050m: 12:39,33 (00:36,79), 1100m: 13:15,76 (00:36,43), 1150m: 13:52,08 (00:36,32), 1200m: 14:28,51 (00:36,43) 1250m: 15:04,64 (00:36,13), 1300m: 15:41,03 (00:36,39), 1350m: 16:17,27 (00:36,24), 1400m: 16:53,75 (00:36,48) 1450m: 17:29,51 (00:35,76), 1500m: 18:01,27 (00:31,76)					

AK 15-16, Pflichtzeit: 23:42,31

3. Brandstetter, Lorenz	2006 AUT	1. LSK Heindl	19:30,97	+02:01.24	411
RT +0.57 50m: 00:30,41, 100m: 01:08,52 (00:38,11), 150m: 01:47,47 (00:38,95), 200m: 02:26,54 (00:39,07) 250m: 03:05,77 (00:39,23), 300m: 03:44,84 (00:39,07), 350m: 04:24,40 (00:39,56), 400m: 05:04,31 (00:39,91) 450m: 05:43,87 (00:39,56), 500m: 06:23,04 (00:39,17), 550m: 07:02,53 (00:39,49), 600m: 07:41,81 (00:39,28) 650m: 08:21,44 (00:39,63), 700m: 09:00,32 (00:38,88), 750m: 09:39,50 (00:39,18), 800m: 10:19,06 (00:39,56) 850m: 10:58,73 (00:39,67), 900m: 11:38,15 (00:39,42), 950m: 12:17,87 (00:39,72), 1000m: 12:57,84 (00:39,97) 1050m: 13:37,84 (00:40,00), 1100m: 14:17,63 (00:39,79), 1150m: 14:56,96 (00:39,33), 1200m: 15:36,96 (00:40,00) 1250m: 16:16,51 (00:39,55), 1300m: 16:56,20 (00:39,69), 1350m: 17:36,30 (00:40,10), 1400m: 18:15,86 (00:39,56) 1450m: 18:55,70 (00:39,84), 1500m: 19:30,97 (00:35,27)					
5. Shail, Ryan James	2007 AUT	1. LSK Heindl	20:40,66	+03:10.93	346
RT +0.81 50m: 00:33,24, 100m: 01:10,11 (00:36,87), 150m: 01:48,95 (00:38,84), 200m: 02:28,78 (00:39,83) 250m: 03:10,13 (00:41,35), 300m: 03:51,42 (00:41,29), 350m: 04:33,45 (00:42,03), 400m: 05:15,17 (00:41,72) 450m: 05:58,26 (00:43,09), 500m: 06:40,60 (00:42,34), 550m: 07:24,11 (00:43,51), 600m: 08:06,67 (00:42,56) 650m: 08:49,81 (00:43,14), 700m: 09:32,44 (00:42,63), 750m: 10:14,56 (00:42,12), 800m: 10:55,87 (00:41,31) 850m: 11:38,33 (00:42,46), 900m: 12:20,65 (00:42,32), 950m: 13:03,70 (00:43,05), 1000m: 13:45,06 (00:41,36) 1050m: 14:28,61 (00:43,55), 1100m: 15:09,81 (00:41,20), 1150m: 15:53,46 (00:43,65), 1200m: 16:35,52 (00:42,06) 1250m: 17:18,11 (00:42,59), 1300m: 18:00,02 (00:41,91), 1350m: 18:42,32 (00:42,30), 1400m: 19:23,30 (00:40,98)					

OÖ Landesmeisterschaften - Lange Strecken 2022

06.05./07.05.2022

Fortsetzung Bewerb 3 - 1500m Freistil Herren

AK 15-16, Pflichtzeit: 23:42,31

1450m: 20:04,72 (00:41,42), 1500m: 20:40,66 (00:35,94)				
6.	Bauer, Nanda	2006 AUT	1. LSK Heindl	20:41,74 +03:12.01 345
RT +0.75 50m: 00:33,92, 100m: 01:14,37 (00:40,45), 150m: 01:55,62 (00:41,25), 200m: 02:37,63 (00:42,01)				
250m: 03:20,67 (00:43,04), 300m: 04:02,38 (00:41,71), 350m: 04:44,96 (00:42,58), 400m: 05:27,20 (00:42,24)				
450m: 06:11,51 (00:44,31), 500m: 06:53,53 (00:42,02), 550m: 07:35,91 (00:42,38), 600m: 08:17,49 (00:41,58)				
650m: 08:59,67 (00:42,18), 700m: 09:41,69 (00:42,02), 750m: 10:25,48 (00:43,79), 800m: 11:06,50 (00:41,02)				
850m: 11:49,39 (00:42,89), 900m: 12:30,73 (00:41,34), 950m: 13:11,85 (00:41,12), 1000m: 13:52,65 (00:40,80)				
1050m: 14:35,34 (00:42,69), 1100m: 15:16,45 (00:41,11), 1150m: 15:59,33 (00:42,88), 1200m: 16:41,23 (00:41,90)				
1250m: 17:23,07 (00:41,84), 1300m: 18:06,23 (00:43,16), 1350m: 18:47,57 (00:41,34), 1400m: 19:25,94 (00:38,37)				
1450m: 20:05,23 (00:39,29), 1500m: 20:41,74 (00:36,51)				

AK 13-14, Pflichtzeit: 23:42,31

1.	Eckhart, Alexander	2008 AUT	1. LSK Heindl	20:03,65 378
RT +0.71 50m: 00:34,01, 100m: 01:12,86 (00:38,85), 150m: 01:52,62 (00:39,76), 200m: 02:33,14 (00:40,52)				
250m: 03:13,12 (00:39,98), 300m: 03:54,02 (00:40,90), 350m: 04:34,57 (00:40,55), 400m: 05:15,29 (00:40,72)				
450m: 05:55,29 (00:40,00), 500m: 06:35,89 (00:40,60), 550m: 07:16,25 (00:40,36), 600m: 07:57,00 (00:40,75)				
650m: 08:36,66 (00:39,66), 700m: 09:17,12 (00:40,46), 750m: 09:57,47 (00:40,35), 800m: 10:38,14 (00:40,67)				
850m: 11:18,47 (00:40,33), 900m: 11:59,40 (00:40,93), 950m: 12:39,96 (00:40,56), 1000m: 13:21,04 (00:41,08)				
1050m: 14:01,86 (00:40,82), 1100m: 14:42,43 (00:40,57), 1150m: 15:22,68 (00:40,25), 1200m: 16:02,95 (00:40,27)				
1250m: 16:43,09 (00:40,14), 1300m: 17:23,92 (00:40,83), 1350m: 18:04,31 (00:40,39), 1400m: 18:44,54 (00:40,23)				
1450m: 19:24,65 (00:40,11), 1500m: 20:03,65 (00:39,00)				
2.	Pieringer, David	2008 AUT	1. LSK Heindl	20:29,09 +25.44 355
RT +0.86 50m: 00:33,93, 100m: 01:12,06 (00:38,13), 150m: 01:51,60 (00:39,54), 200m: 02:32,73 (00:41,13)				
250m: 03:13,54 (00:40,81), 300m: 03:54,36 (00:40,82), 350m: 04:35,62 (00:41,26), 400m: 05:16,53 (00:40,91)				
450m: 05:58,23 (00:41,70), 500m: 06:39,97 (00:41,74), 550m: 07:21,82 (00:41,85), 600m: 08:03,52 (00:41,70)				
650m: 08:45,52 (00:42,00), 700m: 09:27,48 (00:41,96), 750m: 10:09,32 (00:41,84), 800m: 10:50,71 (00:41,39)				
850m: 11:33,35 (00:42,64), 900m: 12:15,68 (00:42,33), 950m: 12:56,40 (00:40,72), 1000m: 13:38,28 (00:41,88)				
1050m: 14:20,02 (00:41,74), 1100m: 15:01,04 (00:41,02), 1150m: 15:43,86 (00:42,82), 1200m: 16:25,25 (00:41,39)				
1250m: 17:07,62 (00:42,37), 1300m: 17:49,00 (00:41,38), 1350m: 18:29,92 (00:40,92), 1400m: 19:11,19 (00:41,27)				
1450m: 19:51,44 (00:40,25), 1500m: 20:29,09 (00:37,65)				
4.	Semlak, Florian	2008 AUT	1. LSK Heindl	20:39,21 +35.56 347
RT +0.85 50m: 00:35,35, 100m: 01:15,22 (00:39,87), 150m: 01:56,65 (00:41,43), 200m: 02:36,68 (00:40,03)				
250m: 03:18,49 (00:41,81), 300m: 03:58,68 (00:40,19), 350m: 04:41,61 (00:42,93), 400m: 05:23,46 (00:41,85)				
450m: 06:05,95 (00:42,49), 500m: 06:45,51 (00:39,56), 550m: 07:26,89 (00:41,38), 600m: 08:08,80 (00:41,91)				
650m: 08:51,14 (00:42,34), 700m: 09:32,70 (00:41,56), 750m: 10:15,04 (00:42,34), 800m: 10:56,02 (00:40,98)				
850m: 11:38,61 (00:42,59), 900m: 12:20,80 (00:42,19), 950m: 13:04,38 (00:43,58), 1000m: 13:45,63 (00:41,25)				
1050m: 14:29,19 (00:43,56), 1100m: 15:10,84 (00:41,65), 1150m: 15:54,71 (00:43,87), 1200m: 16:35,58 (00:40,87)				
1250m: 17:18,83 (00:43,25), 1300m: 18:00,81 (00:41,98), 1350m: 18:42,54 (00:41,73), 1400m: 19:23,94 (00:41,40)				
1450m: 20:04,65 (00:40,71), 1500m: 20:39,21 (00:34,56)				
6.	Schwarz, Raphael	2008 AUT	1. LSK Heindl	20:55,10 +51.45 334
RT +0.80 50m: 00:35,36, 100m: 01:15,58 (00:40,22), 150m: 01:57,08 (00:41,50), 200m: 02:38,62 (00:41,54)				
250m: 03:21,62 (00:43,00), 300m: 04:03,87 (00:42,25), 350m: 04:46,41 (00:42,54), 400m: 05:27,99 (00:41,58)				
450m: 06:11,77 (00:43,78), 500m: 06:53,87 (00:42,10), 550m: 07:36,72 (00:42,85), 600m: 08:18,11 (00:41,39)				
650m: 09:00,67 (00:42,56), 700m: 09:42,26 (00:41,59), 750m: 10:25,30 (00:43,04), 800m: 11:07,39 (00:42,09)				
850m: 11:50,75 (00:43,36), 900m: 12:32,41 (00:41,66), 950m: 13:14,77 (00:42,36), 1000m: 13:57,15 (00:42,38)				
1050m: 14:40,68 (00:43,53), 1100m: 15:21,58 (00:40,90), 1150m: 16:04,66 (00:43,08), 1200m: 16:47,08 (00:42,42)				
1250m: 17:29,56 (00:42,48), 1300m: 18:11,20 (00:41,64), 1350m: 18:53,78 (00:42,58), 1400m: 19:35,09 (00:41,31)				
1450m: 20:16,10 (00:41,01), 1500m: 20:55,10 (00:39,00)				

--- 2. Abschnitt ---

OÖ Landesmeisterschaften - Lange Strecken 2022

06.05./07.05.2022

Fortsetzung Bewerb 5 - 800m Freistil Herren

Allgemeine Klasse, Pflichtzeit: 11:05,96

3. Fischerlehner, Max	2001 AUT	1. LSK Heindl	09:22,36	+23.53	519
RT +0.71 50m: 00:30,51, 100m: 01:05,03 (00:34,52), 150m: 01:39,09 (00:34,06), 200m: 02:14,29 (00:35,20)					
250m: 02:49,61 (00:35,32), 300m: 03:25,03 (00:35,42), 350m: 04:00,51 (00:35,48), 400m: 04:36,76 (00:36,25)					
450m: 05:12,51 (00:35,75), 500m: 05:48,52 (00:36,01), 550m: 06:24,44 (00:35,92), 600m: 07:00,40 (00:35,96)					
650m: 07:35,72 (00:35,32), 700m: 08:11,70 (00:35,98), 750m: 08:47,45 (00:35,75), 800m: 09:22,36 (00:34,91)					
4. Pieringer, Daniel	2005 AUT	1. LSK Heindl	09:26,82	+27.99	507
RT +0.71 50m: 00:32,35, 100m: 01:07,59 (00:35,24), 150m: 01:43,01 (00:35,42), 200m: 02:18,46 (00:35,45)					
250m: 02:54,34 (00:35,88), 300m: 03:30,02 (00:35,68), 350m: 04:06,41 (00:36,39), 400m: 04:42,17 (00:35,76)					
450m: 05:18,17 (00:36,00), 500m: 05:53,95 (00:35,78), 550m: 06:30,04 (00:36,09), 600m: 07:05,86 (00:35,82)					
650m: 07:42,26 (00:36,40), 700m: 08:18,16 (00:35,90), 750m: 08:54,36 (00:36,20), 800m: 09:26,82 (00:32,46)					

Fortsetzung Bewerb 6 - 400m Freistil Damen

AK 11-12

10. Schwarz, Julia	2011 AUT	1. LSK Heindl	07:01,75	+01:44.47	176
50m: 00:45,24, 100m: 01:37,19 (00:51,95), 150m: 02:32,53 (00:55,34), 200m: 03:26,26 (00:53,73)					
250m: 04:21,35 (00:55,09), 300m: 05:17,54 (00:56,19), 350m: 06:12,25 (00:54,71), 400m: 07:01,75 (00:49,50)					
16. Klug, Eva	2011 AUT	1. LSK Heindl	07:26,97	+02:09.69	148
50m: 00:49,34, 100m: 01:45,80 (00:56,46), 150m: 02:43,68 (00:57,88), 200m: 03:42,45 (00:58,77)					
250m: 04:39,23 (00:56,78), 300m: 05:37,56 (00:58,33), 350m: 06:34,23 (00:56,67), 400m: 07:26,97 (00:52,74)					
19. Wiesinger, Helena	2011 AUT	1. LSK Heindl	07:37,87	+02:20.59	137
50m: 00:50,41, 100m: 01:48,81 (00:58,40), 150m: 02:46,75 (00:57,94), 200m: 03:46,39 (00:59,64)					
250m: 04:46,30 (00:59,91), 300m: 05:45,68 (00:59,38), 350m: 06:44,27 (00:58,59), 400m: 07:37,87 (00:53,60)					

Manhal, Eva	2010 AUT	1. LSK Heindl		n.a.Start	
Abgemeldet.					
Reiter, Amelie	2010 AUT	1. LSK Heindl		n.a.Start	
Abgemeldet.					

AK 9-10

7. Wiesinger, Hannah	2012 AUT	1. LSK Heindl	07:25,60	+01:06.92	149
50m: 00:49,53, 100m: 01:45,91 (00:56,38), 150m: 02:45,09 (00:59,18), 200m: 03:43,99 (00:58,90)					
250m: 04:42,52 (00:58,53), 300m: 05:40,67 (00:58,15), 350m: 06:38,27 (00:57,60), 400m: 07:25,60 (00:47,33)					

Fortsetzung Bewerb 7 - 400m Freistil Herren

AK 11-12

2. Manhal, Tim	2011 AUT	1. LSK Heindl	05:22,66	+01.05	317
RT +0.63 50m: 00:36,80, 100m: 01:17,68 (00:40,88), 150m: 01:59,33 (00:41,65), 200m: 02:40,59 (00:41,26)					
250m: 03:22,14 (00:41,55), 300m: 04:04,02 (00:41,88), 350m: 04:44,73 (00:40,71), 400m: 05:22,66 (00:37,93)					

Hofstadler, Lukas	2011 AUT	1. LSK Heindl		n.a.Start	
Abgemeldet.					

OÖ Landesmeisterschaften - Lange Strecken 2022

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Fortsetzung Bewerb 7 - 400m Freistil Herren

AK 9-10

2.	Holderbaum-Rader, Levi	2012	AUT	1.	LSK Heindl	06:57,07	+35.80	146
	RT +0.90 50m: 00:46,05, 100m: 01:37,72 (00:51,67), 150m: 02:32,91 (00:55,19), 200m: 03:25,04 (00:52,13) 250m: 04:17,39 (00:52,35), 300m: 05:02,00 (00:44,61), 350m: 06:07,75 (01:05,75), 400m: 06:57,07 (00:49,32)							
3.	Haitchi, Paul	2013	AUT	1.	LSK Heindl	07:12,48	+51.21	131
	50m: 00:45,97, 100m: 01:41,33 (00:55,36), 150m: 02:37,29 (00:55,96), 200m: 03:33,53 (00:56,24) 250m: 04:28,58 (00:55,05), 300m: 05:24,68 (00:56,10), 350m: 06:19,50 (00:54,82), 400m: 07:12,48 (00:52,98)							

Fortsetzung Bewerb 8 - 200m Lagen Damen

AK 11-12

10.	Schwarz, Julia	2011	AUT	1.	LSK Heindl	03:41,39	+53.23	184
	50m: 00:49,97, 100m: 01:49,20 (00:59,23), 150m: 02:51,30 (01:02,10), 200m: 03:41,39 (00:50,09)							
15.	Klug, Eva	2011	AUT	1.	LSK Heindl	03:59,43	+01:11.27	146
	50m: 00:58,39, 100m: 02:01,43 (01:03,04), 150m: 03:06,39 (01:04,96), 200m: 03:59,43 (00:53,04)							
17.	Wiesinger, Helena	2011	AUT	1.	LSK Heindl	04:03,91	+01:15.75	138
	50m: 00:59,16, 100m: 01:58,55 (00:59,39), 150m: 03:09,33 (01:10,78), 200m: 04:03,91 (00:54,58)							
	Manhal, Eva	2010	AUT	1.	LSK Heindl	n.a.Start		
	Abgemeldet.							
	Reiter, Amelie	2010	AUT	1.	LSK Heindl	n.a.Start		
	Abgemeldet.							

AK 9-10

5.	Wiesinger, Hannah	2012	AUT	1.	LSK Heindl	04:04,81	+37.95	136
	50m: 00:52,93, 100m: 02:00,26 (01:07,33), 150m: 03:12,24 (01:11,98), 200m: 04:04,81 (00:52,57)							

Fortsetzung Bewerb 9 - 200m Lagen Herren

AK 11-12

3.	Manhal, Tim	2011	AUT	1.	LSK Heindl	02:59,80	+05.20	254
	RT +0.73 50m: 00:41,46, 100m: 01:29,08 (00:47,62), 150m: 02:21,18 (00:52,10), 200m: 02:59,80 (00:38,62)							

	Hofstadler, Lukas	2011	AUT	1.	LSK Heindl	n.a.Start		
	Abgemeldet.							

AK 9-10

4.	Holderbaum-Rader, Levi	2012	AUT	1.	LSK Heindl	03:57,58	+28.35	110
	RT +0.65 50m: 01:02,63, 100m: 02:01,98 (00:59,35), 150m: 03:12,27 (01:10,29), 200m: 03:57,58 (00:45,31)							
5.	Haitchi, Paul	2013	AUT	1.	LSK Heindl	03:57,96	+28.73	109
	50m: 00:59,98, 100m: 02:00,47 (01:00,49), 150m: 03:05,60 (01:05,13), 200m: 03:57,96 (00:52,36)							

OÖ Landesmeisterschaften - Lange Strecken 2022

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Fortsetzung Bewerb 10 - 400m Lagen Damen

Allgemeine Klasse, Pflichtzeit: 06:38,59

2.	Fürst, Elena	2007	AUT	1. LSK Heindl	05:15,10	+12.83	604
	RT +0.90 50m: 00:32,26, 100m: 01:11,68 (00:39,42), 150m: 01:52,70 (00:41,02), 200m: 02:32,30 (00:39,60) 250m: 03:15,96 (00:43,66), 300m: 04:01,19 (00:45,23), 350m: 04:38,14 (00:36,95), 400m: 05:15,10 (00:36,96)						
4.	Fürst, Chiara	2003	AUT	1. LSK Heindl	05:41,44	+39.17	474
	RT +0.77 50m: 00:34,74, 100m: 01:17,43 (00:42,69), 150m: 02:06,66 (00:49,23), 200m: 02:51,62 (00:44,96) 250m: 03:35,57 (00:43,95), 300m: 04:22,00 (00:46,43), 350m: 05:03,85 (00:41,85), 400m: 05:41,44 (00:37,59)						
5.	Pieringer, Magdalena	2007	AUT	1. LSK Heindl	05:46,56	+44.29	454
	RT +0.73 50m: 00:36,33, 100m: 01:19,66 (00:43,33), 150m: 02:04,90 (00:45,24), 200m: 02:49,90 (00:45,00) 250m: 03:38,52 (00:48,62), 300m: 04:26,81 (00:48,29), 350m: 05:07,54 (00:40,73), 400m: 05:46,56 (00:39,02)						
8.	Hostnik, Klara	2007	AUT	1. LSK Heindl	05:57,87	+55.60	412
	RT +0.87 50m: 00:38,27, 100m: 01:24,75 (00:46,48), 150m: 02:13,87 (00:49,12), 200m: 03:02,56 (00:48,69) 250m: 03:48,85 (00:46,29), 300m: 04:36,11 (00:47,26), 350m: 05:16,78 (00:40,67), 400m: 05:57,87 (00:41,09)						
10.	Huemer, Ronja	2007	AUT	1. LSK Heindl	06:05,52	+01:03.25	386
	RT +0.91 50m: 00:39,27, 100m: 01:29,31 (00:50,04), 150m: 02:18,34 (00:49,03), 200m: 03:05,78 (00:47,44) 250m: 03:52,79 (00:47,01), 300m: 04:42,63 (00:49,84), 350m: 05:25,21 (00:42,58), 400m: 06:05,52 (00:40,31)						
16.	Reitsema, Kira	2006	AUT	1. LSK Heindl	06:38,51	+01:36.24	298
	RT +0.89 50m: 00:38,80, 100m: 01:28,20 (00:49,40), 150m: 02:21,36 (00:53,16), 200m: 03:10,52 (00:49,16) 250m: 04:07,45 (00:56,93), 300m: 05:02,49 (00:55,04), 350m: 05:52,47 (00:49,98), 400m: 06:38,51 (00:46,04)						
17.	Kaltenbacher, Elisa	2009	AUT	1. LSK Heindl	06:47,16	+01:44.89	279
	RT +0.99 50m: 00:42,82, 100m: 01:36,34 (00:53,52), 150m: 02:30,18 (00:53,84), 200m: 03:21,70 (00:51,52) 250m: 02:32,29, 300m: 05:13,21 (02:40,92), 350m: 06:00,91 (00:47,70), 400m: 06:47,16 (00:46,25)						
	Semlak, Marlene	2008	AUT	1. LSK Heindl		dq.	
	13:47 SW 7.5 Wechselbeinschlag nach der Brustwende						

	Beer, Elena	2009	AUT	1. LSK Heindl		n.a.Start	
	Abgemeldet.						
	Schachenhofer, Florentina	2008	AUT	1. LSK Heindl		n.a.Start	
	Abgemeldet.						

Junioren, Pflichtzeit: 06:47,04

2.	Reitsema, Kira	2006	AUT	1. LSK Heindl	06:38,51	+07.21	298
	RT +0.89 50m: 00:38,80, 100m: 01:28,20 (00:49,40), 150m: 02:21,36 (00:53,16), 200m: 03:10,52 (00:49,16) 250m: 04:07,45 (00:56,93), 300m: 05:02,49 (00:55,04), 350m: 05:52,47 (00:49,98), 400m: 06:38,51 (00:46,04)						

AK 15, Pflichtzeit: 06:55,48

1.	Fürst, Elena	2007	AUT	1. LSK Heindl	05:15,10		604
	RT +0.90 50m: 00:32,26, 100m: 01:11,68 (00:39,42), 150m: 01:52,70 (00:41,02), 200m: 02:32,30 (00:39,60) 250m: 03:15,96 (00:43,66), 300m: 04:01,19 (00:45,23), 350m: 04:38,14 (00:36,95), 400m: 05:15,10 (00:36,96)						
3.	Pieringer, Magdalena	2007	AUT	1. LSK Heindl	05:46,56	+31.46	454
	RT +0.73 50m: 00:36,33, 100m: 01:19,66 (00:43,33), 150m: 02:04,90 (00:45,24), 200m: 02:49,90 (00:45,00) 250m: 03:38,52 (00:48,62), 300m: 04:26,81 (00:48,29), 350m: 05:07,54 (00:40,73), 400m: 05:46,56 (00:39,02)						
4.	Hostnik, Klara	2007	AUT	1. LSK Heindl	05:57,87	+42.77	412
	RT +0.87 50m: 00:38,27, 100m: 01:24,75 (00:46,48), 150m: 02:13,87 (00:49,12), 200m: 03:02,56 (00:48,69) 250m: 03:48,85 (00:46,29), 300m: 04:36,11 (00:47,26), 350m: 05:16,78 (00:40,67), 400m: 05:57,87 (00:41,09)						
6.	Huemer, Ronja	2007	AUT	1. LSK Heindl	06:05,52	+50.42	386
	RT +0.91 50m: 00:39,27, 100m: 01:29,31 (00:50,04), 150m: 02:18,34 (00:49,03), 200m: 03:05,78 (00:47,44) 250m: 03:52,79 (00:47,01), 300m: 04:42,63 (00:49,84), 350m: 05:25,21 (00:42,58), 400m: 06:05,52 (00:40,31)						

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Fortsetzung Bewerb 10 - 400m Lagen Damen

AK 13-14, Pflichtzeit: 06:55,48

7.	Kaltenbacher, Elisa	2009	AUT	1.	LSK Heindl	06:47,16	+59.80	279
RT +0.99 50m: 00:42,82, 100m: 01:36,34 (00:53,52), 150m: 02:30,18 (00:53,84), 200m: 03:21,70 (00:51,52) 250m: 02:32,29, 300m: 05:13,21 (02:40,92), 350m: 06:00,91 (00:47,70), 400m: 06:47,16 (00:46,25)								

	Semlak, Marlene	2008	AUT	1.	LSK Heindl		dq.	
	13:47	SW 7.5 Wechselbeinschlag nach der Brustwende						

	Beer, Elena	2009	AUT	1.	LSK Heindl		n.a.Start	
	Abgemeldet.							
	Schachenhofer, Florentina	2008	AUT	1.	LSK Heindl		n.a.Start	
	Abgemeldet.							

Fortsetzung Bewerb 11 - 400m Lagen Herren

Allgemeine Klasse, Pflichtzeit: 06:01,44

5.	Pieringer, Daniel	2005	AUT	1.	LSK Heindl	05:17,26	+36.50	454
RT +0.72 50m: 00:32,24, 100m: 01:10,23 (00:37,99), 150m: 01:53,84 (00:43,61), 200m: 02:37,22 (00:43,38) 250m: 03:21,60 (00:44,38), 300m: 04:07,71 (00:46,11), 350m: 04:42,96 (00:35,25), 400m: 05:17,26 (00:34,30)								
6.	Huss-Klaffensteiner, Niclas	2004	AUT	1.	LSK Heindl	05:27,68	+46.92	412
RT +0.70 50m: 00:34,08, 100m: 01:14,81 (00:40,73), 150m: 01:58,24 (00:43,43), 200m: 02:41,17 (00:42,93) 250m: 03:25,90 (00:44,73), 300m: 04:12,33 (00:46,43), 350m: 04:51,22 (00:38,89), 400m: 05:27,68 (00:36,46)								
8.	Bauer, Nanda	2006	AUT	1.	LSK Heindl	05:32,67	+51.91	393
RT +0.72 50m: 00:34,37, 100m: 01:17,59 (00:43,22), 150m: 02:01,01 (00:43,42), 200m: 02:43,80 (00:42,79) 250m: 03:29,55 (00:45,75), 300m: 04:15,34 (00:45,79), 350m: 04:57,56 (00:42,22), 400m: 05:32,67 (00:35,11)								
9.	Brandstetter, Lorenz	2006	AUT	1.	LSK Heindl	05:33,95	+53.19	389
RT +0.67 50m: 00:32,78, 100m: 01:14,95 (00:42,17), 150m: 01:57,25 (00:42,30), 200m: 02:37,68 (00:40,43) 250m: 03:28,60 (00:50,92), 300m: 04:19,29 (00:50,69), 350m: 04:57,55 (00:38,26), 400m: 05:33,95 (00:36,40)								
10.	Ehrenhuber, Maximilian	2002	AUT	1.	LSK Heindl	05:46,46	+01:05.70	348
RT +0.67 50m: 00:33,72, 100m: 01:15,96 (00:42,24), 150m: 02:01,68 (00:45,72), 200m: 02:47,86 (00:46,18) 250m: 03:34,69 (00:46,83), 300m: 04:24,22 (00:49,53), 350m: 05:04,77 (00:40,55), 400m: 05:46,46 (00:41,69)								
13.	Semlak, Florian	2008	AUT	1.	LSK Heindl	05:54,19	+01:13.43	326
RT +0.91 50m: 00:36,50, 100m: 01:21,99 (00:45,49), 150m: 02:06,49 (00:44,50), 200m: 02:48,65 (00:42,16) 250m: 03:41,25 (00:52,60), 300m: 04:34,21 (00:52,96), 350m: 05:16,46 (00:42,25), 400m: 05:54,19 (00:37,73)								
14.	Pieringer, David	2008	AUT	1.	LSK Heindl	06:00,27	+01:19.51	310
RT +0.83 50m: 00:37,14, 100m: 01:26,16 (00:49,02), 150m: 02:14,97 (00:48,81), 200m: 03:00,94 (00:45,97) 250m: 03:52,17 (00:51,23), 300m: 04:43,67 (00:51,50), 350m: 05:23,12 (00:39,45), 400m: 06:00,27 (00:37,15)								
15.	Eckhart, Alexander	2008	AUT	1.	LSK Heindl	06:00,59	+01:19.83	309
RT +0.81 50m: 00:39,59, 100m: 01:30,09 (00:50,50), 150m: 02:11,91 (00:41,82), 200m: 02:54,60 (00:42,69) 250m: 03:49,33 (00:54,73), 300m: 04:43,21 (00:53,88), 350m: 05:22,35 (00:39,14), 400m: 06:00,59 (00:38,24)								
18.	Schwarz, Raphael	2008	AUT	1.	LSK Heindl	06:14,64	+01:33.88	275
RT +0.89 50m: 00:43,79, 100m: 01:34,10 (00:50,31), 150m: 02:22,33 (00:48,23), 200m: 03:07,59 (00:45,26) 250m: 04:04,27 (00:56,68), 300m: 04:57,60 (00:53,33), 350m: 05:38,44 (00:40,84), 400m: 06:14,64 (00:36,20)								
19.	Shail, Ryan James	2007	AUT	1.	LSK Heindl	06:15,64	+01:34.88	273
RT +0.78 50m: 00:35,18, 100m: 01:17,63 (00:42,45), 150m: 02:08,51 (00:50,88), 200m: 03:00,91 (00:52,40) 250m: 03:55,24 (00:54,33), 300m: 04:50,72 (00:55,48), 350m: 05:34,80 (00:44,08), 400m: 06:15,64 (00:40,84)								
20.	Gründling, Franz	2007	AUT	1.	LSK Heindl	07:15,33	+02:34.57	175
RT +0.76 50m: 00:45,77, 100m: 01:40,88 (00:55,11), 150m: 02:37,38 (00:56,50), 200m: 03:31,74 (00:54,36) 250m: 04:31,01 (00:59,27), 300m: 05:31,66 (01:00,65), 350m: 06:24,67 (00:53,01), 400m: 07:15,33 (00:50,66)								

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Fortsetzung Bewerb 11 - 400m Lagen Herren

Junioren, Pflichtzeit: 06:20,64

1.	Pieringer, Daniel	2005	AUT	1. LSK Heindl	05:17,26		454
	RT +0.72 50m: 00:32,24, 100m: 01:10,23 (00:37,99), 150m: 01:53,84 (00:43,61), 200m: 02:37,22 (00:43,38) 250m: 03:21,60 (00:44,38), 300m: 04:07,71 (00:46,11), 350m: 04:42,96 (00:35,25), 400m: 05:17,26 (00:34,30)						
2.	Huss-Klaffensteiner, Niclas	2004	AUT	1. LSK Heindl	05:27,68	+10.42	412
	RT +0.70 50m: 00:34,08, 100m: 01:14,81 (00:40,73), 150m: 01:58,24 (00:43,43), 200m: 02:41,17 (00:42,93) 250m: 03:25,90 (00:44,73), 300m: 04:12,33 (00:46,43), 350m: 04:51,22 (00:38,89), 400m: 05:27,68 (00:36,46)						

AK 15-16, Pflichtzeit: 06:39,84

6.	Bauer, Nanda	2006	AUT	1. LSK Heindl	05:32,67	+51.91	393
	RT +0.72 50m: 00:34,37, 100m: 01:17,59 (00:43,22), 150m: 02:01,01 (00:43,42), 200m: 02:43,80 (00:42,79) 250m: 03:29,55 (00:45,75), 300m: 04:15,34 (00:45,79), 350m: 04:57,56 (00:42,22), 400m: 05:32,67 (00:35,11)						
7.	Brandstetter, Lorenz	2006	AUT	1. LSK Heindl	05:33,95	+53.19	389
	RT +0.67 50m: 00:32,78, 100m: 01:14,95 (00:42,17), 150m: 01:57,25 (00:42,30), 200m: 02:37,68 (00:40,43) 250m: 03:28,60 (00:50,92), 300m: 04:19,29 (00:50,69), 350m: 04:57,55 (00:38,26), 400m: 05:33,95 (00:36,40)						
9.	Shail, Ryan James	2007	AUT	1. LSK Heindl	06:15,64	+01:34.88	273
	RT +0.78 50m: 00:35,18, 100m: 01:17,63 (00:42,45), 150m: 02:08,51 (00:50,88), 200m: 03:00,91 (00:52,40) 250m: 03:55,24 (00:54,33), 300m: 04:50,72 (00:55,48), 350m: 05:34,80 (00:44,08), 400m: 06:15,64 (00:40,84)						
10.	Gründling, Franz	2007	AUT	1. LSK Heindl	07:15,33	+02:34.57	! 175
	RT +0.76 50m: 00:45,77, 100m: 01:40,88 (00:55,11), 150m: 02:37,38 (00:56,50), 200m: 03:31,74 (00:54,36) 250m: 04:31,01 (00:59,27), 300m: 05:31,66 (01:00,65), 350m: 06:24,67 (00:53,01), 400m: 07:15,33 (00:50,66)						

AK 13-14, Pflichtzeit: 06:39,84

1.	Semlak, Florian	2008	AUT	1. LSK Heindl	05:54,19		326
	RT +0.91 50m: 00:36,50, 100m: 01:21,99 (00:45,49), 150m: 02:06,49 (00:44,50), 200m: 02:48,65 (00:42,16) 250m: 03:41,25 (00:52,60), 300m: 04:34,21 (00:52,96), 350m: 05:16,46 (00:42,25), 400m: 05:54,19 (00:37,73)						
2.	Pieringer, David	2008	AUT	1. LSK Heindl	06:00,27	+06.08	310
	RT +0.83 50m: 00:37,14, 100m: 01:26,16 (00:49,02), 150m: 02:14,97 (00:48,81), 200m: 03:00,94 (00:45,97) 250m: 03:52,17 (00:51,23), 300m: 04:43,67 (00:51,50), 350m: 05:23,12 (00:39,45), 400m: 06:00,27 (00:37,15)						
3.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	06:00,59	+06.40	309
	RT +0.81 50m: 00:39,59, 100m: 01:30,09 (00:50,50), 150m: 02:11,91 (00:41,82), 200m: 02:54,60 (00:42,69) 250m: 03:49,33 (00:54,73), 300m: 04:43,21 (00:53,88), 350m: 05:22,35 (00:39,14), 400m: 06:00,59 (00:38,24)						
6.	Schwarz, Raphael	2008	AUT	1. LSK Heindl	06:14,64	+20.45	275
	RT +0.89 50m: 00:43,79, 100m: 01:34,10 (00:50,31), 150m: 02:22,33 (00:48,23), 200m: 03:07,59 (00:45,26) 250m: 04:04,27 (00:56,68), 300m: 04:57,60 (00:53,33), 350m: 05:38,44 (00:40,84), 400m: 06:14,64 (00:36,20)						